

Tying Bench

SF Seatrout Baitfish ...Tied by Layne (Smitty) Smith



This is a pattern originated by a friend in Norway, Daniel Holm, that does well on seatrout. It is tied with Steve Farrar (SF) synthetic fibers which really breathe and look real in the water. Tie them small in the spring when the baitfish are small. Tie them larger for summer when the baitfish are larger. You can vary the colors, too, to better match the "hatch" – white bait (scaled sardines), greenbacks (threadfin herring) or even mullet. Weight it with lead wire, or not, to fish it at different depths.

Materials:

Hook: Partridge CS 54 #2 shrimp hook or Mustad 34011 #2.

Thread: Danville Flat-waxed Nylon white or Clear Mono (medium).

Wire: Tie in three strands of .020 lead wire. Skip this step for fishing shallow water.

Belly: Tyer's favorite pearl dubbing like Gliss 'n Dub and Senyo to fish deeper. Skip for fishing shallow water.

Body: Steve Farrar Blend Off White

Flash: Silver Gliss 'n Glow or Flashabou

Wing: Steve Farrar Blend Mackerel (or Camo, Mullet Brown, Olive or Tiers choice)

Head: Pro Softhead size small or x-small or Fly Men's Fish Mask size #4 or #6

Eyes: 3D eyes to fit Softhead or fish mask

Cement: CA Cement and Solarez UV Resin

Tying Instructions

Step 1. Attach thread behind hook eye and wrap back on shank approx. halfway. Tie down lead wire.

Step 2. Coat thread with dubbing and cover the lead wire.

Step 3. Take hank of belly material (about 1/8-inch thick when stretched) measure to twice hook length and tie in with several wraps an eyes-width behind hook eye. Fold over towards hook bend and tie down. Trim excess.

Step 4. At tie-in point, tie in three strands of flash to fly length and then fold over and tie down as in step 3. Trim excess.

Step 5. Take hank of wing material (slightly less than body material) and tie in the same as step 3 but don't fold it back and tie it down. Let excess hang out over hook eye for the time being. Whip finish and cut thread.

Step 6. Eyes may be attached to Softhead or fish mask at this time or you can put them on when fly is completed. Either way, attach with small drop of CA cement in eye recess on head.

Step 7. Fold back excess wing material and coat with UV Resin and slide head onto hook. Re-attach thread and tie in thread dam to hold head in place Coat eyes and cure head and eyes with UV lamp.

Step 8: Taper wing and belly to baitfish shape in length desired ... and GO FISH.

Smitty